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Bruce Kumar Frantzis
Bruce Kumar Frantzis (born April 1949) is a Taoist educator who studied Taoism in China.

Bruce Frantzis - Wikipedia
Bruce Frantzis is a Taoist

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Lineage Master with more than 40 years experience in Eastern healing systems. He is the first known Westerner to hold authentic lineages in qigong, bagua, tai chi, hsing-i and Taoist meditation. Bruce trained

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for over a decade in China and also has extensive experience in Zen, Tibetan Buddhism, yoga, Kundalini,...

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meditation. Frantzis has developed a practical, comprehensive system of programs that can enable people...

Bruce Frantzis (Author of
The Power of Internal

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Martial Arts)

Hello, I have read a few posts on this forum where some people do not have a lot of good things to say about Bruce Kumar Frantzis. I have never met him, but his books and videos are

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what really got me interested in Chinese martial arts. My question for this thread is what is so bad about him that causes some people to speak negatively about him or his practices.

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What is wrong with Bruce Kumar Frantzis? - KungFuMagazine
Kumar is a rather controversial figure in some circles. He is constantly being attacked as not having

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the "real internal" because his injuries prevent him from overtly displaying certain kinds of martial movement.

Bruce Kumar Frantzis -
Daoist Discussion - The Dao

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Bums

This is BK Frantzis
demonstrating bagua
applications on Ken Van
Sycle, a student of Cheng
Man Ching.

www.energyarts.com

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Bagua Bruce Kumar Frantzis
-Taoist Lineage Master Bruce Frantzis, The Chi Revolution
" Although it may seem counterintuitive, the more you relax, the more energy, stamina and strength you will gain and the more your

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range of motion will
improve.

Bruce Frantzis Welcome -
Energy Arts

Hello, I have read a few
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What is wrong with Bruce
Kumar Frantzis? - Page 2
Lineage Holder Bruce

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Frantzis demonstrates the small frame Wu Style Tai Chi Short Form. "Energy Arts is dedicated to offering the most comprehensive tai chi,... Skip navigation

Wu Style Tai Chi Short Form

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Demonstrated by Bruce
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research into the health

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benefits of tai chi can lead to a much greater utilization of tai chi as a complementary health practice. We can help make this occur by helping to make more physicians and their patients aware of

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these findings.

Bruce Frantzis - 1,192
Photos - Martial Arts School
Bruce Kumar Frantzis, a well-known American Qigong master, pointed out to me a few years ago that I might

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want to call my teachings
Shen Gong (spiritual
practice) rather than Qigong
(energy practice), because
it is ultimately dedicated
to self-realization and
awakening to the dream-like
nature of reality instead of

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focusing on the cultivation
and manipulation of Qi as in
most styles of Chinese
Qigong.

Chapter One Qi Dao
Fundamentals - Tibetan
Shamanic Qigong

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Bagua and Tai Chi: Exploring the Potential of Chi, Martial Arts, Meditation, and the I Ching by Frantzis, Bruce Kumar Reprint Edition (2012)

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Bruce Kumar Frantzis, author
of the book "OpeningThe
Energy Gates Of The Body"
has over 30 years experience
in meditation, oriental

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healing, and martial arts, including 10 years full time study in China, 3 years in Japan, and 2 years in India.

Bruce Kumar Frantzis |
Qigong | Qi - Scribd
Two guys whom I would like

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to trust, but just can't,
are B.K. Frantzis and good
ole Yang Jwing Ming. Has
anyone ever had in/direct
experience training with
either of these guys? In
other words, is there
anything to substantiate

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their many claims besides rhetoric? And while we're at it, are there any other IMA teachers whose credibility is suspect?

B.K. Frantzis, Yang Jwing
Ming - Page 6 - Bullshido

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